



This year, the Navesink Challenge will again feature a **Gym/Fitness Center Team Challenge - but by popular request, we have made a change in scoring. This year Fastest Teams will be scored with the combined total time of the top 5 fastest runners.** Team Awards for – **Fastest 15k Team** (combined time total of top 5 fastest team runners); **Fastest 5k Team** (combined time total of top 5 fastest team runners); **Largest Registered Team (combination of 15k and 5k).**

It is the responsibility of the members of each team to carefully adhere to the Team Challenge Guidelines.

TEAM CHALLENGE GUIDELINES

1. Team Captains must contact Navesink Challenge Race Directors to register their team.
2. All team members **must** submit an individual race application for the Navesink Challenge in addition to the team application. The individual team member entries do not have to be submitted together. It is the responsibility of each team member to ensure that he or she has registered by Monday, **Nov. 20 when online registration closes (OR EARLIER IF/WHEN THE RACE CLOSES OUT).**
3. Team captain is responsible in ensuring that 1) all team members are registered for the race; 2) runners are not enrolled on more than one team (15k or 5k), and; 3) runners participate in the distance they registered for.
4. Runners may not be enrolled on more than one gym/fitness center team.
5. There is no separate team entry fee in addition to the individual entry fees.
6. All team entries **MUST** be received by Friday, November 24. **NO RACE DAY TEAM ENTRIES OR SUBSTITUTIONS.**
7. Team Roster will be sent to Team Captains prior to the race for confirmation.
8. The verification of eligibility, official results and the final standings of all team entrants rests with the organizers of the Navesink Challenge.
9. All team members **MUST** be registered members of the gym/fitness center they are running for. False or invalid entries will cause disqualification of team.
10. Navesink Challenge reserves the right to determine eligibility in any of the above categories

For additional information or questions, please contact us at navesink.challenge@gmail.com.



Attention Gyms and Fitness Centers!!!

Get your teams together and come run the Navesink Challenge!

Put together your biggest and fastest teams and run the scenic and CHALLENGING 15k or 5k on November 26 in Bodman Park, Middletown, NJ. Proceeds from the race help to support the Middletown Youth Athletic Association, Monmouth Conservation Foundation, and other local non-profit organizations.

Team Awards will be handed out for:

Fastest Gym/Fitness Center 15k Team (top 5 fastest team runners)
Fastest Gym/Fitness Center 5k Team (top 5 fastest team runners)
Largest Registered Gym/Fitness Center Team

(combination of 15k and 5k)

!!Team Awards Ceremony at Post Race Party!!

Team members can sign up for the team when they register online. Look for the "Team" dropdown box and click on the team name. (If your team name isn't listed, please ask a representative of your gym or fitness center to contact us and we will add it!)

Please visit www.navesinkchallenge.com or email us at navesink.challenge@gmail.com for details.